



Lyman Allyn

Book of the Month

Breaking the Glass Ceiling

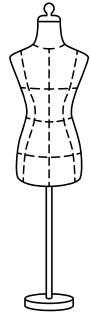
Our book of the month selections brings readers into the world of fashion. It is the work of Alice and Helen from Park Avenue Summer who helped paved the way for the young girls in Dress Like a Girl. Though nearly 50 years separate these generations of young women, they are both fighting to be accepted in any profession.

The saying goes, “dress for the job you want”, so our project this week will tap into the creative world of fashion design. Consider how our books are inspiring women, especially young women, to push against what is expected and take up space wherever they are. Take some time to think about your own life, or that of someone close to you. What assumptions or resistance have you/they encountered. If you haven't felt comfortable or safe expressing yourself fully in your current personal or professional life, what do you wish you could show the world?

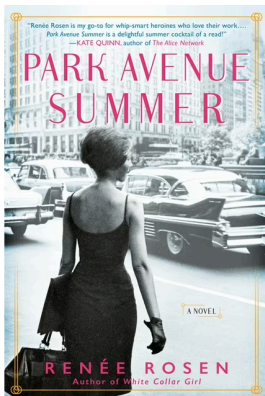
With these questions and answers in mind, begin designing your dream outfit. We suggest starting with a regular pencil so you can more easily erase. When you are happy with your design, bring it to life with color! Use whatever medium you have access to or enjoy using the most. You may even want to consider also assembling additional materials to help convey colors, textures, or materials that would be inspiration for the final piece.

Creating a real life version of this outfit is certainly not expected, however if you are handy with a sewing machine you may want to consider making your design a reality!

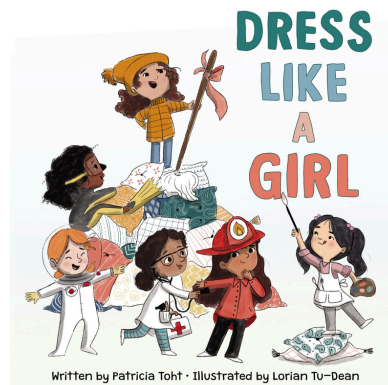
Don't forget to share your work with us using #LymanAllynAtHome!



March 2025



Our adult pick brings readers back to New York City in 1965. At Cosmopolitan magazine the staff are working under the first ever female editor in chief. Aspiring photographer Alice sees working under Helen Gurley Brown as an opportunity and inspiration, but she must also deal with the pressure of everyone else around her wanting to sabotage Brown.



Young readers will remain in the present, where play can inspire a dream. Children and guardians will be reminded that clothing may help represent you, but it shouldn't define who you are or aspire to be.